



# The Indian Public School

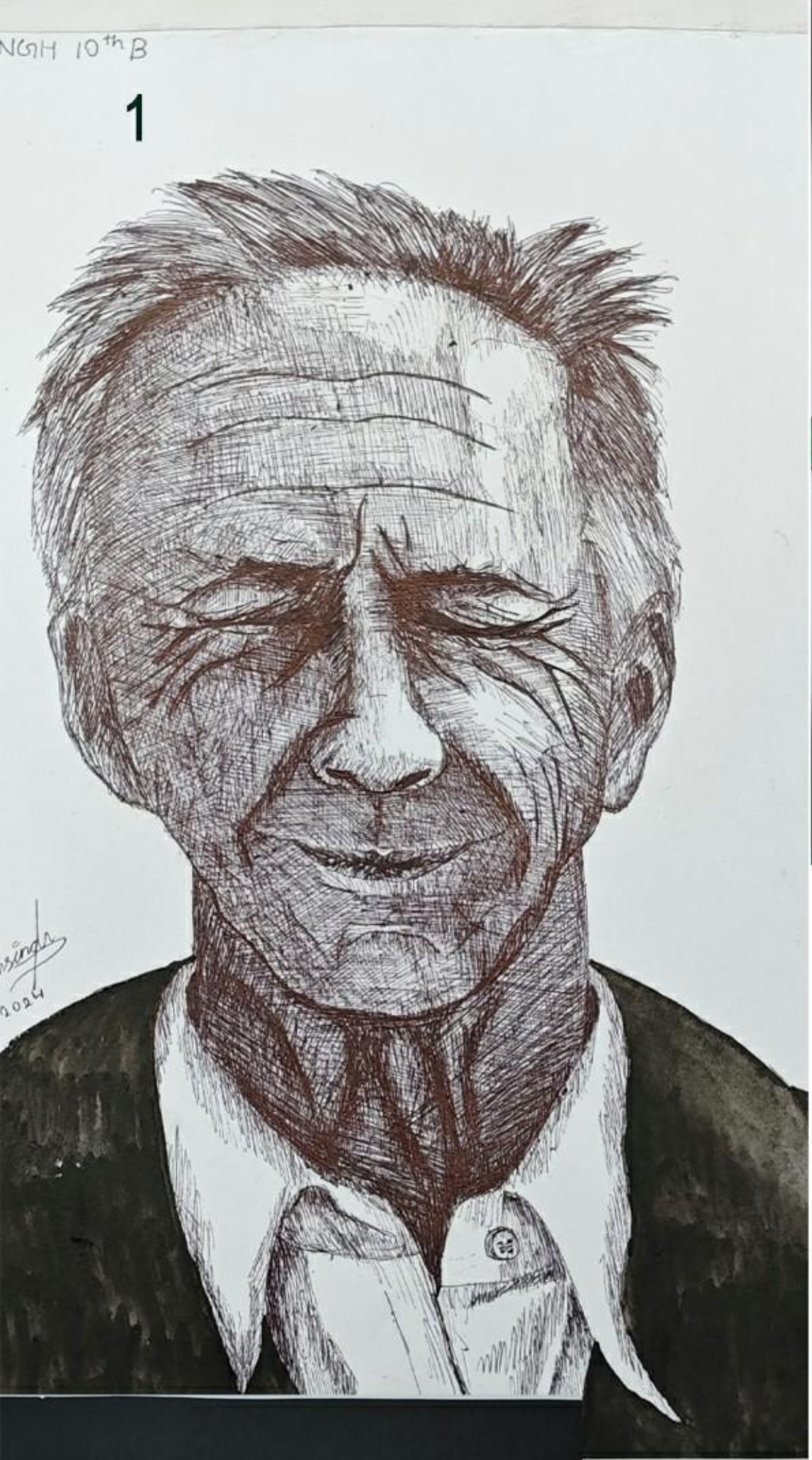
## Dehradun

# IPS Timeline



NEWSLETTER  
October, 2024





# Art & Craft Section



# 24<sup>th</sup> Annual Day Celebration

○ 23<sup>rd</sup> and 24<sup>th</sup> October, 2024 ○



## From the Principal's Desk

This quarterly edition of the The IPS Newsletter is on the verge of completion.

Students' Editorial team has been keeping a tab on the given deadlines and working very hard. I am confident that this edition will amply showcase the creatively innovative talent of our student contributors.

This important platform of creative expression will prove to be highly rewarding to our young writers. Any creative endeavor undertaken by them at this formative stage of learning would serve as a strong incentive to them when the time so demands in the future.

I congratulate and celebrate their efforts with the members of the teaching staff and also appreciate their motivational efforts.

Thank you.





## The Editorial Team:

### Class XII Science

Yash Shukla | Parth | Devansh Singh

### Class XII Commerce & Humanities

Ankita Kumari | Kartik Surana

### Class XI A

Avantika Singh | Shalini Rai

### Class XI A

Samriddhi Vaishnava | Deepu Pradhan.

### Class X A

Bhavyashrii | Nafisha Parween | Joanna Cameron Netto

### Class IX A

Divyuti

### Class IX B

Arpit Singh

### Department of Hindi

Mrs. Shakuntala Jugran | Mrs. Manju Sundrya

### Department of English

Mr. D. P. Jakhmola | Mrs. Anuradha Singh | Mrs. Shweta Sajwan | Mrs. Kriti Singh | Mrs. Lissy Mani

### Department of Sanskrit

Dr. Arnima Sinha | Mr. Naveen Badola

### Department of Art

Mr. A. K. Kabiraj | Mrs. Mousami Kabiraj

### Graphic Designer & Illustration

Pranay Kumar

### Special Assistance

Mr. Suraj Rawat | Mrs. Anjana Sharma

## The Editorial

All the members of the Students' Editorial team and the respected staff members thank students who shared their writings in order to enrich the reading experience of our readers.

A creative writing platform serves as a launching pad for each one of us. It provides that important platform blessed with the efforts of our teachers who work tirelessly to help us, to express and share our thoughts, with our readers.

We strongly believe that once a start is made in good earnest, it yields the desired result and further encourages and also empowers us to keep on with it. Any creative action is progressive and sustaining it will place our budding writers on a higher pedestal of excellence.

The team members find this the most opportune moment to thank the school administration for inspiring us to explore our innate talents. We, on our part, do solemnly promise to continue our efforts in this direction and set inspirational benchmarks for others to emulate.



# Introduction to the Houses:



**Aravali**

**- Ever onwards**



**Nilgiri**

**- Striving for Excellence**



**Shivalik**

**- Step beyond the benchmark**



**Vindhyachal**

**- Aiming for the top**

## ARAVALI HOUSE



The motto of Aravali reads Ever Onwards, meaning keep moving forward with the house flag aloft. Aravali under the able guidance of **Mr. Arun Gusain** and its Captain **Raja Babu** has shown the signs of doing well in games and athletics. The House Members are organized and the feeling of togetherness grows strong with each passing day. The challenges are indeed many, but the guidance and support of the House Master and the Tutors of the house makes things easier to achieve. We are sure to bring laurels to the House and keep maintaining our lofty standards, come what may.



## NILGIRI HOUSE



The House will try to maintain its rhythmic pace of keeping ahead at all times. The House is being led by **Mr. Manoj Singh** who is assisted by **Kartik Surana**, the House Captain. The slogan Striving for Excellence is energizing for all in the House. The spirit of competition reigns supreme amongst its members. Every competition is taken as a challenge and sufficient practice time is allocated. This is the reason for the House for doing well in most of the competitions. The spirit of harmony and cooperation keeps everyone together as a formidable force to reckon with. We all hope that this strength remains intact for us to reach the newer levels of excellence.



## SHIVALIK HOUSE



The House led by **Mr. Anil Adhikari** and steered on course by its Captain **Sambhava Shrivastava** is expected to make long strides in the time to come. It is true that the motto Step beyond the benchmark seems difficult, but the compactness of the house and the sense of belongingness makes formidable tasks achievable within the time frame. I am sure that our House Master will pave the way for future success of the house. Our concerted efforts and well-coordinated team work coupled with our forward-looking view will surely make it easier for us.



## VINDHYACHAL HOUSE



Geared to perform and achieve seems to run parallel with the House slogan Aiming for the top Vindhyachal House has shown discernable improvement under the House Master, **Mr. Suresh Singh**.

The House Captain, **Akhilesh Yadav** has also worked hard towards the improvement of the House.

The new academic Session (2014-24) has brought accolades to the House, Thanks to the winning team members.

The time ahead also is full of opportunities for The House to better its overall performance.

The energy, zest and combined efforts of the members will go a long way in bringing desired changes in the House, hopefully the winning spree continues.



# Rani Laxmi Bai Girls' Hostel

A strong community fosters strong individuals—at RLB Girls' Hostel, we cultivate both." RLB Girls' Hostel at our school is dedicated to providing a nurturing, structured, and holistic environment where each girl is encouraged to excel not only academically but also in her personal growth. As the House Mistress, I ensure the smooth operation of the hostel, with a strong focus on both physical and mental well-being. The hostel's routine is designed to promote discipline, self-reliance, and a healthy lifestyle. Our day begins with either morning PT sessions or yoga, followed by dedicated study hours and preparation classes to give the girls ample academic support. Physical development is equally important, and the girls are given the freedom to choose from a variety of sports, fostering personalized fitness and teamwork. Our weekend schedule includes supervised leisure time, balancing relaxation with the necessary discipline to keep the girls on track academically and emotionally. RLB Girls' Hostel also emphasizes the importance of co-curricular development through educational outings, cultural activities, and team-building exercises. These events not only foster leadership skills but also promote creativity, teamwork, and problem-solving abilities, essential for their all-round development. A major priority is ensuring the safety, emotional well-being, and overall support of each girl. The hostel staff and I work collaboratively to create a homely, comforting atmosphere where the girls feel secure and cared for. This environment empowers them to develop essential life skills such as time management, communication, responsibility, and independence. We pride ourselves on nurturing confident, empowered young women who are ready to face the challenges of the future with grace, intelligence, and resilience. At RLB Hostel, our goal is to support each girl in becoming the best version of herself, both in school and beyond.



**Anuradha Singh**  
House Mistress



# Celebrates the 73rd Birthday of Founder Shri Ravindra Kishore Sinha Ji

September 22, 2024

The Indian Public School, Rajawala, proudly celebrated the 73rd birthday of its esteemed founder and former Rajya Sabha Member of Parliament, Shri Ravindra Kishore Sinha Ji, in a heartfelt ceremony filled with joy and gratitude.

The event was graced by distinguished guests, including the Chief Guest, Former Chief Minister of Uttarakhand, Shri Bhagat Singh Koshyari Ji, and special guests such as Shri Subodh Kant Sahay Ji, a prominent member of the Indian National Congress, Shri Arun Saxena Ji, an esteemed physician and politician, Dr. Sushil Kumar Singh, Chairman of K.P. Trust, and Mr. Bhanu Pratap Singh, Inspector General of the Central Reserve Police Force, Dehradun, along with other notable dignitaries.

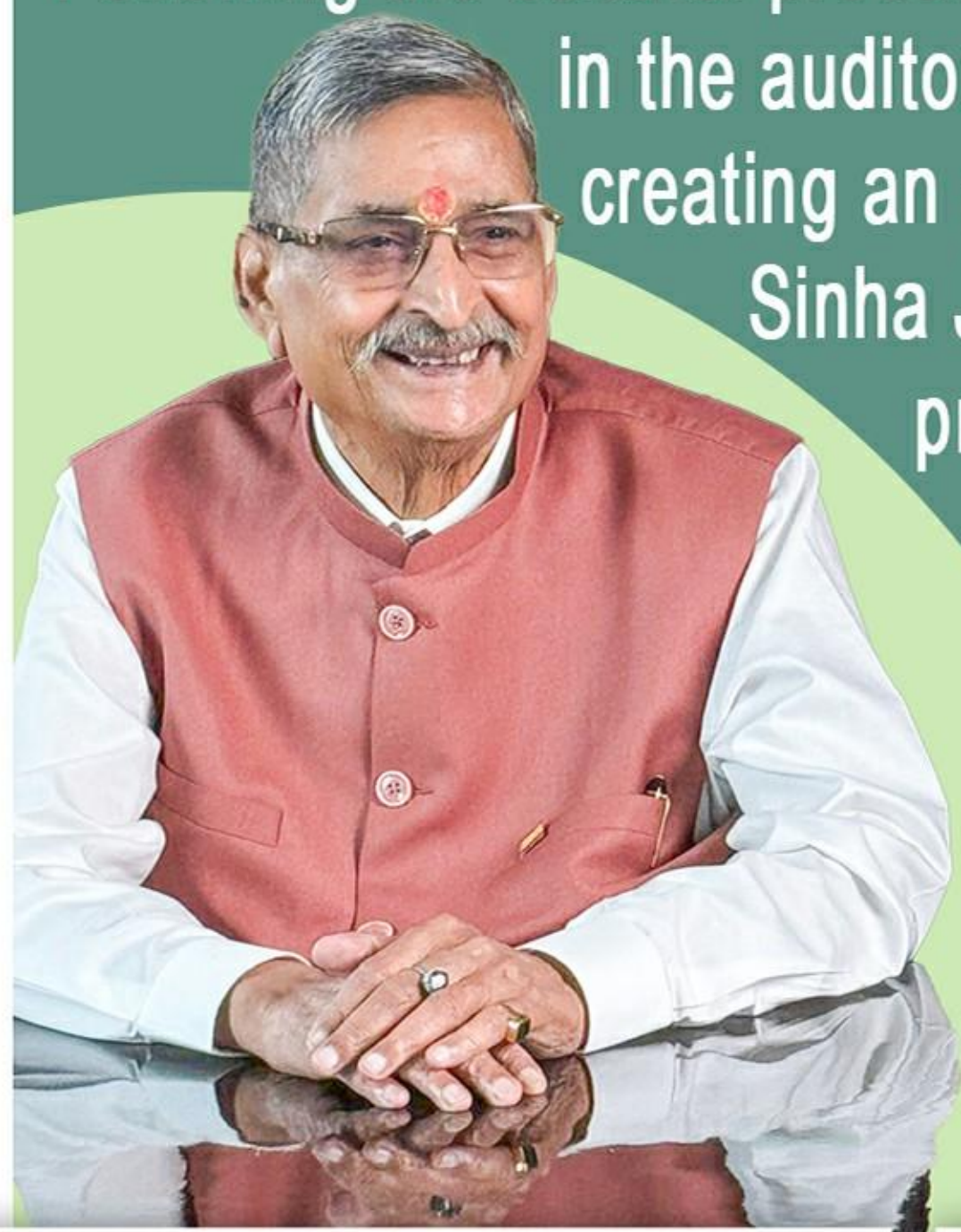
The celebration commenced at 6:00 PM, with the school's Director, Mr. Ranveer Singh, SIS Director Mr. A.K. Singh, Joint Secretaries Mr. Ashok Prasad and Shrimati Ratna Sinha, Principal Mr. C.S. Tyagi, dedicated teachers, enthusiastic students, and the entire staff present to honor the occasion.

Upon his arrival at the auditorium, Shri Sinha Ji was met with thunderous applause, reflecting the deep respect and admiration held for him by the school community. The ceremony began with the traditional lighting of the lamp, followed by honoring Shri Sinha Ji with a Tilak and a beautiful bouquet.

The highlight of the evening was a delightful cultural program featuring Mangal Geet and captivating dance performances based on Rabindra Sangeet, presented by the talented young students of the school. These performances added a vibrant touch to the celebration, showcasing the rich cultural heritage of India.

Following the cultural presentations, sweets were distributed to all guests and members of the school family present in the auditorium. Each attendee took a moment to personally wish Shri Sinha Ji a very happy birthday, creating an atmosphere of warmth and camaraderie. In his address, Chairman Shri Ravindra Kishore Sinha Ji expressed heartfelt gratitude to everyone present, acknowledging their support and contributions to the school's journey. The evening concluded with a special dinner, allowing guests to further celebrate this momentous occasion together.

The Indian Public School, Rajawala, looks forward to continuing the legacy of excellence and service established by its founder, Shri Ravindra Kishore Sinha Ji as it nurtures the leaders of tomorrow.





# Activities at a Glance

## From September, 2023 to October, 2024



**Dr. Arnima Sinha**  
Activity Co-ordinator

# Principal's Annual Report (2023-24)



It is both a prized privilege and an honor for me to present the annual report of the academic session 2023-24. This annual report assumes greater significance as it serves as an important review document. All the information presented herein has been empirically verified and authenticated by the respective incharges. The preceding session, 2023-24, was hectic as usual but greatly enjoyable.

This report incorporates activities, events, celebrations, and highlights the benchmark achievements of Class X and XII students who appeared for the 2024 Board Examinations. For the sake of convenience, the report is divided

into three sub-parts: activity highlights, board results, and a future policy blueprint aimed at upgradation.

Before I delve into the details, I would like to take this opportunity to express my heartfelt thanks and gratitude to the Honourable Chairman Sir, Executive Chairman Sir, and Director Sir for reposing their confidence in my ability to take on my duties and responsibilities. Thank you, Sirs.

Now, returning to the initial part of this report, I wish to add that co-curricular and extracurricular activities are a deeply ingrained feature of a boarding school. In the last session, the activities were judiciously timed and spaced throughout the term, offering students opportunities to actively participate and derive the maximum benefit from this important learning experience.

The academic calendar was adorned with activities, important celebrations, and events. While it is neither feasible nor advisable to delve into each one, I will highlight some important events and celebrations to present a clearer picture of what took place. Coming back to the initial part of this report, I wish to add that

Co-Curricular & Extracurricular activities are deeply ingrained feature of a boarding school. It is part and parcel of day to day working of a boarding school. In the last session, the activities were judiciously timed and spaced through the entire term in a way that offered opportunities to students to actively participate and derive the maximum benefit from this important learning exercise.

This report includes activities that took place after last Founder's Day celebration and those in this present session till the month of October, 2024.

Other than important days, events and celebrations the Teacher's Day celebration was marked by the honorable presence of our Chairman Sir, Dr. R. K. Sinha. During the celebration Mr. Atul Krishna Kabiraj was given the Life Time Achievement Award for his dedicated work since the inception of the school in 2001. The Best Teacher Award was given to Mr. D. P. Jakhmola for consistently producing good board results. The other important event was the grand celebration of Chairman Sir on 22nd September, 2024. It was marked by presence of celebrated guests.

**Dr. Shuchita Gupta**  
Principal, The Indian Public School

## Board Results-2024:

The Second Part of the report presents the benchmark achievements of our class X and class XII Students who appeared for the CBSE class X & XII Board Examination - 2024.

To start with, we have the mapping out of class X students who appeared for the examination and did make everyone here feel proud of their achievements.

In all a total of 25 students appeared for class X Board Examination 2024 and all them cleared. Shalini Rai topped the list with an overall score of 92% followed by Lakshya Raj Gupta with 91.40% and the third place went to Prince Kumar with 91%.

- The average percentage recorded was 79%.
- 03 Students were above 90%.
- 09 Students were between 80 to 89%.
- 9 students between 70 to 79%.
- Only three Students scores between 60 to 69% only one student remained below 60%.

## Class XII Board Results:

Added the required scintillating touch to be Board Results-2024.



**Akshita Mittal**



**Oisi Bhattacharya**

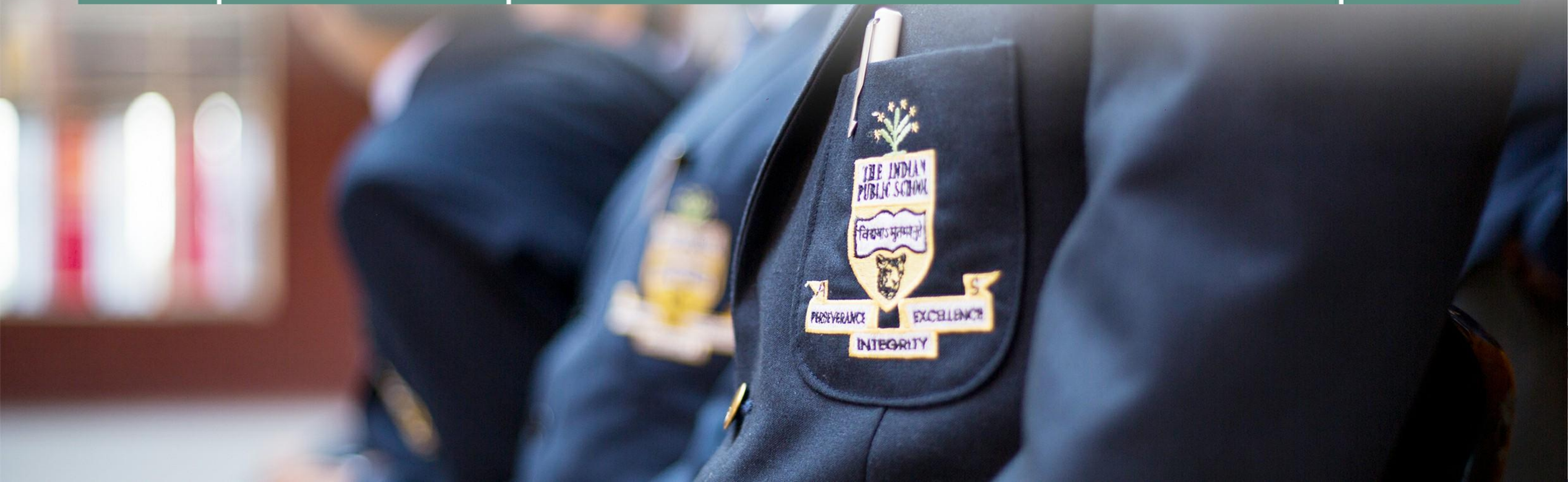


**Shubham Kishnan**

Akshita Mittal from Commerce Stream topped the list with an aggregate percentage of 97.80%, Oisi Bhattacharya of the Humanities Stream registered a score of 97.40% to come second. The third place with 96.80%, was bagged by Shubham Kishnan from the Science Stream. A total no. of 12 students scored 90% and above in the aggregate. The sunny patch for students and subject teachers that was greatly looked forward to came in the form of high percentage score in different subjects. I feel happy in presenting highest subject wise percentage score achieved by students:

# SUBJECT WISE HIGHEST PERCENTAGE & SUBJECT AVERAGE 2024

Sr. No.	Subject	Student Name	%	Sub Avg
1	ENGLISH	OISHI BHATTACHARJEE	99%	82.48
2	MATHEMATICS	SHIVANS KUMAR SINHA, SHUBHAM KRISHAN, SHIVAM KUMAR, ADITYA RANJAN	98%	77.08
3	APP. MATHEMATICS	AKSHITA MITTAL	92%	74
4	PHYSICS	SHUBHAM KRISHAN, ARYAN KUMAR, ADITYA RANJAN	95%	77.21
5	CHEMISTRY	SHUBHAM KRISHAN	97%	75.34
6	BIOLOGY	OJASWINI TIWARI	90%	79.25
7	BUSINESS STUDIES	AKSHITA MITTAL	100%	70.14
8	ACCOUNTANCY	AKSHITA MITTAL	99%	65.86
9	ECONOMICS	AKSHAT SINGH RAWAT	95%	66.71
10	HISTORY	OISHI BHATTACHARJEE	92%	69.33
11	POLITICAL SCIENCE	OISHI BHATTACHARJEE, ADITYA RAJ	97%	75.17
12	GEOGRAPHY	OISHI BHATTACHARJEE	100%	81.17
13	PHYSICAL EDUCATION	ADITYA RAJ, SHUBHAM KRISHAN	96%	83.28
14	COMPUTER SCIENCE	NAMAN SINGH PANWAR	89%	78.67
15	ART	OJASWINI TIWARI, OISHI BHATTACHARJEE, JASLEEN BIBHAKER	100%	98.76
16	MUSIC	OJASWINI TIWARI, OISHI BHATTACHARJEE, ADITYA RAJ, JASLEEN BIBHAKER	93%	88.94
17	BANKING	GEO EMMANUEL, AKSHITA MITTAL, SIDDHARTH MENON	100%	92.75



## Future Policy Blueprint

The final part of this report highlights the Policy Blueprint: Future Plans of the school administration. With a forward-looking perspective, the administration is well aware of the needs of a boarding school and the children studying here. As one of the key stakeholders, alongside the students and their respective parents, it is essential for the administration to frame a functional blueprint aimed at the overall betterment of the school and its day-to-day operations. It is important to note that the teaching staff and support staff are extensions of the school administration. From time to time, the teaching arm is further strengthened by adding new staff members and continuing teacher training programs, carried over from last year, to keep the staff updated with the latest developments in their respective subjects.

The students, who are the most important stakeholders, remain the focal point of our attention. Their academic progress and overall growth and development are our top priorities. Extra classes, remedial classes, and spoken English classes are regularly organized to enhance their knowledge and meet their learning needs. Subject teachers continuously review individual student progress, often devoting extra time to ensure their improvement. Special counseling sessions have also been arranged for them. Additionally, representatives from Manipal University visited and shared their valuable insights with the students.

The school management makes it a priority to keep parents informed about their child's academic progress. During the 23rd Founder's Day celebrations last year, parents had the opportunity to meet with subject teachers, who individually apprised them of their ward's progress. Furthermore, parents stay connected with House Masters, Tutors, and the Principal when necessary. We actively incorporate parents' ideas and suggestions into our policy blueprint, ensuring that their valuable input contributes to the school's progress.

In conclusion, I once again invite all respected parents to continue sharing their valuable suggestions regarding the betterment of the school and the development of their children. With that, I conclude the principal's report.

Thank you.

**Dr. Shuchita Gupta**



# Investiture Ceremony Report

3<sup>rd</sup> August, 2024

The Investiture Ceremony held at the Indian Public School, Dehradun, on 3<sup>rd</sup> August 2024, was a resounding success. The event commenced with the traditional lamp-lighting ceremony, symbolizing the beginning of a new chapter for the school. The prefectorial body was formally conferred with badges and flags, signifying their roles and responsibilities within the school community.

The esteemed Chief Guest of the evening was Mr. Ranbir Singh, retired Regional Officer, CBSE, who graced the occasion with his presence. The selected students marched confidently to the rostrum, eager to uphold the values and traditions of the school.

Mr. C.S. Tyagi, our Acting Principal, administered the oath to the student council members, who solemnly repeated after him, pledging to fulfill their duties with dedication and integrity. The Chief Guest congratulated the student council on their appointment and shared inspiring words with the entire school community.

Additionally, school monitors from Classes IV to XII were presented with their badges, recognizing their roles in maintaining discipline and order within the school premises.

Overall, the Investiture Ceremony was a memorable event, highlighting the leadership potential and commitment of the students at the Indian Public School, Dehradun.



# Teacher's Day Celebration

On September 5, 2024, The Indian Public School, Dehradun, organized a grand celebration in honor of Dr. Sarvepalli Radhakrishnan on the occasion of Teacher's Day. The entire school enthusiastically participated in the event.

The ceremony was graced by the presence of esteemed dignitaries, including the school's Chairman, Dr. Ravindra Kishore Sinha, the Former Governor of Trinidad and Tobago, Shri Chandradatt Singh, Mrs. Anita Singh; renowned poet Dr. Buddhinath Mishra, Professor Santosh Kumar, retired IAS officer Shri Dilip Kotia, School Director Mr. Ranveer Singh, SIS Director Mr. A.K. Singh, Acting Principal Shri Chandrashekhar Tyagi and Vice Principal Mr. D.P. Jakhmola, along with the entire faculty and student body.

The event began with the traditional lamp lighting ceremony, followed by beautiful performances by the students. In his inspirational address, Shri Ravindra Kishore Sinha motivated the teachers and students with his words of wisdom and blessed everyone present. School Director Shri Ranveer Singh administered an oath to the teachers, urging them to remain committed and dedicated to their responsibilities.

Two long-serving teachers, Mr. D.P. Jakhmola (English teacher) and Mr. Atul Krishna Kaviraj (Art teacher), were honored by the Chairman for their tireless efforts and dedication to the school.

Following the program's conclusion, Shri Dilip Kotia and Shri Ranveer Singh held a brief seminar with the entire staff.

The seminar's primary objective was to emphasize the positive and significant role of each member in the school's success. In addition, the seminar focused on internalizing moral values and personal accountability, inspiring the faculty and staff not only to strengthen the institution but also to commit to the overall development of the school with a sense of dedication, cooperation, and responsibility.

Mr. Atul Krishna Kabiraj



Mr. D. P. Jakhmola



# Gandhi Jayanti Cleaning Drive

2<sup>nd</sup> October 2024

On the occasion of Gandhi Jayanti, 2nd October, the students of Grade IV participated in a cleaning drive to honor Mahatma Gandhi's vision of cleanliness. Under the guidance of their class teacher, the students took part in cleaning the school premises as a tribute to the Father of the Nation, who believed that **"cleanliness is next to godliness."**

## Activities Conducted:

The event began with a special assembly where students and teachers paid tribute to Mahatma Gandhi. The Pastoral Head delivered an inspiring talk on Gandhi's belief in cleanliness, emphasizing the need to keep our surroundings clean as a mark of respect for his legacy.

## Hands-on Cleaning:

Students were divided into groups and assigned different areas to clean, such as classrooms, corridors, and the playground. Proper waste segregation was practiced, with an emphasis on recycling and responsible disposal of waste.

## Reflection:

After the activity, students shared their experiences and committed to keeping their surroundings clean at home and school.

## Conclusion:

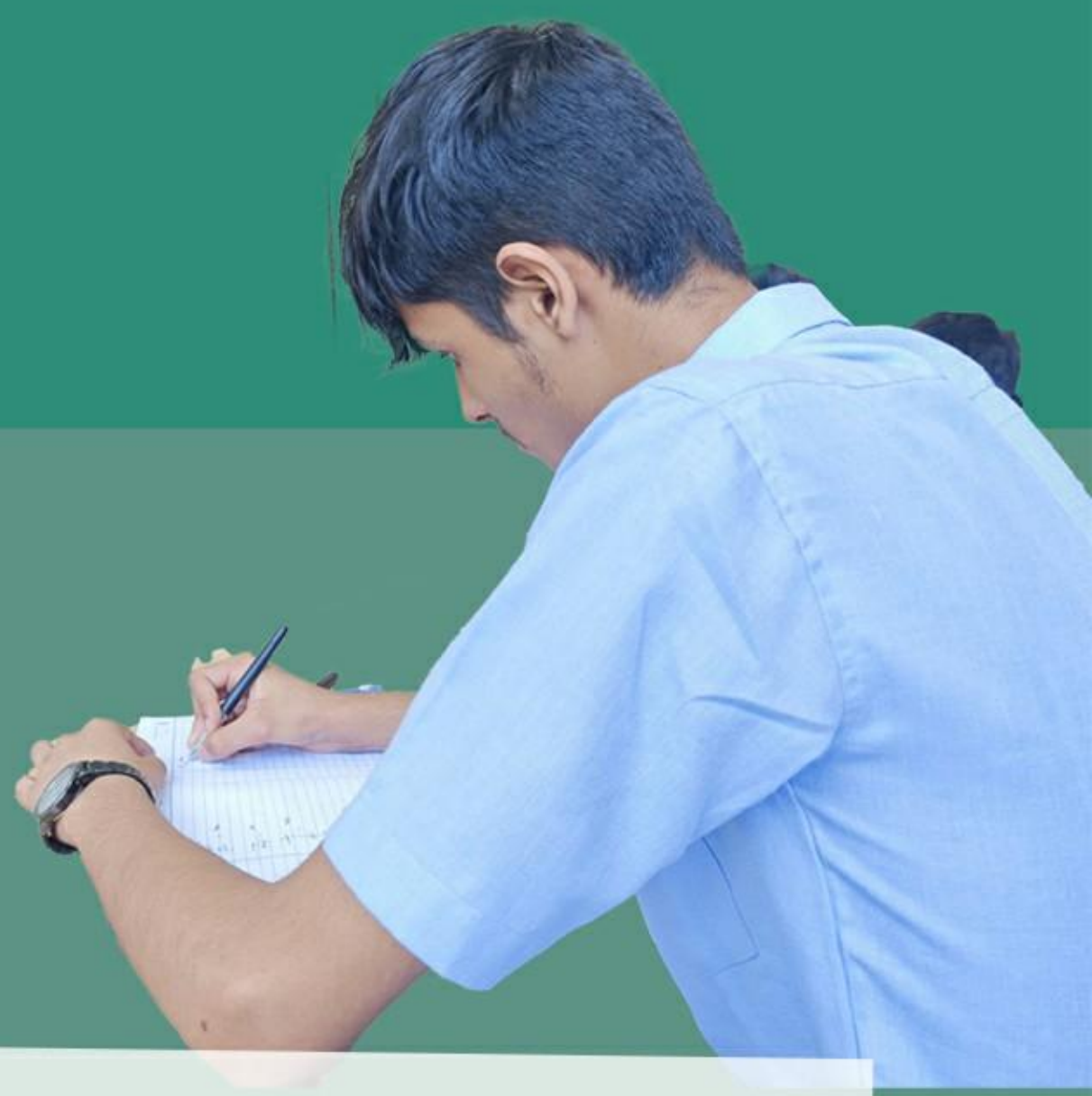
The cleaning drive was a great success, teaching students the importance of cleanliness and the legacy of Mahatma Gandhi. The students' active participation made the event meaningful, reinforcing their role in creating a cleaner, greener India.



Ms. Upasana Dey  
Class Teacher - IV



# Creative Writing



## Silver Shining

The light struck the ground  
With a heavy pound  
The grass on the ground  
Lost the colour it  
Remembered with  
Throughout day in and day out

But no one noticed  
The serenity it brought  
Or how it lighted the night  
For a fraction of a second  
Or how it cooled the air  
And caused a pleasant gale

Bhavyashrii  
(X B)



## Who are you?

The most availed question  
Which question my own?  
Exist once is who am I?  
Who are we, who are you?  
Every morning you open your eyes  
And get into the place you go,  
So random before the sunrise  
Things up to the mark and  
House chores all done, you have  
No time to spend on your,  
Own reflation.

"Oh mirror, who are you with  
So much perfection.

Before going to bed you see all is  
Done and just before fan tasting  
In your own fantasies, we get back  
to the questions  
Once again' who are you?  
But, this time maa & wow it's you.

CHRISTABELLE NETTO  
(IX B)



## Insecurities

Deep down, when I was running.  
For away for everything, I loved one day.  
Nobody knows, why.....  
I was feeling down the way

I lost myself and can't see  
Help me find my way back home  
I am feeling an outcast from high land.  
Why can't I be everyone?

A hand on my shoulder asked  
Are you okay?  
I replied I don't know,  
Somebody said, you are special.

I picked myself up and  
Remember how to carry myself  
I peeped inside my heart  
A child waiting for me.

She said in our childhood  
We used to converse our ideas  
But know what have you become  
Talking about people, trying to fit in.

OH! I realised  
I can't fit in when I am born to be different.

DIVYUTI RAKESH K. PARIKH  
(IX B)



## The Dream I wish, I would have again

I had a dream today. Me and my classmates were there. I believe we were on a hiking trip to some place, I don't know, it was probably very far away, a traditions village but I can't exactly pin-paint its location. Also I do remember, I was short on many except a berry breast pocket. When I climbed the hill and made it to the very type. There was this charming today who gave me this lopsided grin, God knows why after that, I saw her no more. With my meagre money, if I could call it that. I decided to go up to this outlandish mega mart grocery store. When I went in I served through ice-creams and later veggies. Then come this local man, who looked familiarly uncanny. He told me they (the goodies I was looking through) were fresh. Out of the blue this shelf on the counter skated to sway, uncontrollably then came my professor, as you know, in dreams, people appear randomly, like the dust from the hemlock tree then my professor, started explaining the mechanism to me chronically, all the while, I stayed with my mouth sheet to get it away from him. So I wandered off to the unfectionary aisle. There which would fit my pocket melancholic, airt it? Then I wandered off, a second time to the baked goodies section. I ran over and soon got last. I was running hatter setter. I quaked when I saw huge animals jumping, oddly like a human, it was terrifying and the alleys were like a talbrintha I could not make my way out, the grocery aisle was no more visible, my surrounding more unrecognisable. I realised myself for flight again and saw some "oompps" that's what I had like to call them' lanky and Faceless creatures, doing summersaults vehemently. To my ill luck, they weren't in cage. Perhaps one of them sighted me. I scared galloping, for dear life. But inherently caught up with me. Clutched me, it was adding soft and spinney; I believe it to be an aqeramarire creature of my dreams. I scared seeing stars, mogul because they all latched onto me, my senses were cleared, and I had woken up again. And so I wish I would have this dream again did like to see what I had transferred next.

JOANNA CAMERON NETTO  
(X B)



# Creative Writing

## DEV BHOOMI

THE LAND OF THE GODS "The flowers of the Gulmohar, in the moistest breeze, give us the vibe of our Uttarakhand." The vibrant flowers of the Gulmohar tree, swaying in the moist breeze, give us the true vibe of our Uttarakhand. Known for its rich heritage, culture, and customs, India is often called the "Golden Bird," and one of the most popular places that embody this is "Dev Bhoomi"—Uttarakhand. This state is renowned for its Garhwali dance, colorful Rangwali Pichhodi, and Bal mithai from Dehradun. Uttarakhand is also famous for its natural beauty, such as the Valley of Flowers and the prized Basmati rice from Almora. The state is divided into 13 beautiful districts: Haridwar, Dehradun, Chamoli, Uttarkashi, Pauri, Tehri, Rudraprayag, Almora, Nainital, Pithoragarh, Bageshwar, Haldwani, and Udham Singh Nagar. Each district showcases its own nique customs and traditions while being surrounded by majestic hills. Delving deeper into the cultural richness, Uttarakhand celebrates many traditional festivals such as Gau Pooja, phulari, and Phool Dei, which are integral to the prestigious heritage of the state. Uttarakhand is a place of peace, devotion, and natural beauty. People from all over India and the world visit here, not just to enjoy its serene environment but to spend their lives immersed in the tranquility of nature.

**BHAVYA RAMOLA**  
CLASS- IX A



### बाल्यकालः

बाल्यकालः मानवजीवनस्य महत्वपूर्णः एकः चरणः अस्ति। एषः कालः मानसिकस्य, शारीरिकस्य च विकासस्य आरम्भः अस्ति। बाल्ये बालकः खेलति, शिक्षते च, यः समयः चित्तवृत्तिं, भावनात्मकं संतुलनं च स्थापितुं साहाय्यं करोति। बालकाः यत्र-तत्र खेलनं कृत्वा, मित्राणि सृजन्ति, सहिष्णुता च अनुभवन्ति। बाल्ये क्रीडायाः महत्त्वं अत्यधिकं अस्ति, यः न केवलं शारीरिकं स्वास्थ्यं वर्धयति, किन्तु सामाजिकं कौशलं अपि शिक्षयति। क्रीडायाः माध्यमेन सहकारितायाः तथा समवायस्य महत्त्वं बालकाः अनुभवति। शिक्षा बाल्यकाले आरभ्यते। माता-पितरः च शिक्षिकाः च बालकस्य विकासे महत्वपूर्णं कार्यं करोति। उत्तमा संस्काराः, नैतिकमूल्याणि च बाल्ये स्थापनं कृतं यः जीवनस्य सम्पूर्णं कालं मार्गदर्शकं भवति। बाल्यकालस्य यादः जीवनभरं मनसि उल्लासं जनयन्ति। एषः कालः न केवलं सुखदुःखाणां अनुभवः, किन्तु ज्ञानस्य अपि एकः स्रोतः अस्ति। उपसंहारः

अतः, बाल्यकालः केवलं आनन्दस्य कालः न, किन्तु विकासस्य, शिक्षायाः च एकः अनिवार्यः चरणः अस्ति। एषः कालः यथावत् अनुभवः आवश्यकः अस्ति, यतः भविष्यत्तरे जीवनस्य अन्येषु चरणेषु अपि यशसः साध्यितुं साहाय्यं करोति।

**अनमोल यादव**  
कक्षा-II- VII



## EDUCATIONAL TOUR

I, Samridhi, along with my classmates from Class XI, had the wonderful opportunity to go on a short educational trip to the Forest Research Institute (FRI) on 23rd September. We were accompanied by three of our senior teachers—Dr. Neelam, Ms. Anuradha, and Ms. Priya Tripathi. It was a day filled with learning, fun, and bonding. Our first stop was the FRI museum, which was an eye-opening experience for all of us. As we walked through the galleries, we were introduced to a wide range that highlighted the importance of forests, their ecosystems, and the role they play in our lives. We learned about nature, conservation efforts, and the historical significance of forestry in India. The information about various trees and its products fascinated us, and made us realize the immense value of forests in sustaining life on Earth. It was not just about facts; the visit gave us a deeper understanding of how we, as future citizens, must contribute to the environment's conservation. After spending a couple of hours at the FRI museum, we headed to Planet Junior for some light shopping. It was a refreshing break, and we all enjoyed picking out little things. The lively atmosphere and the excitement of shopping with friends made it a delightful experience. Following the shopping spree, we had a relaxing time enjoying snacks together. It was a moment to unwind, chat, and share laughter after an educational yet enriching day. By 7:40 PM, we reached back at the school campus, feeling tired but content with all that we had experienced and learned. This trip was not just about stepping out of the school; it was a journey of learning beyond the classroom. We gained valuable insights into environmental conservation and the importance of forests, along with some much-needed relaxation and fun. It was a day that I will cherish for a long time.

**SAMRIDHI VAISHNAVA**  
CLASS- XI



## 1<sup>st</sup> S.P. Sinha Memorial Basketball Tournament, 2024

Our school recently organized the 1st S.P. Sinha Memorial Basketball Tournament, in which 11 teams participated with great enthusiasm. The final match saw a thrilling contest between The Indian Public School and Doon International School.

In an exciting showdown, Doon International School emerged victorious, while The Indian Public School secured the runner-up position.

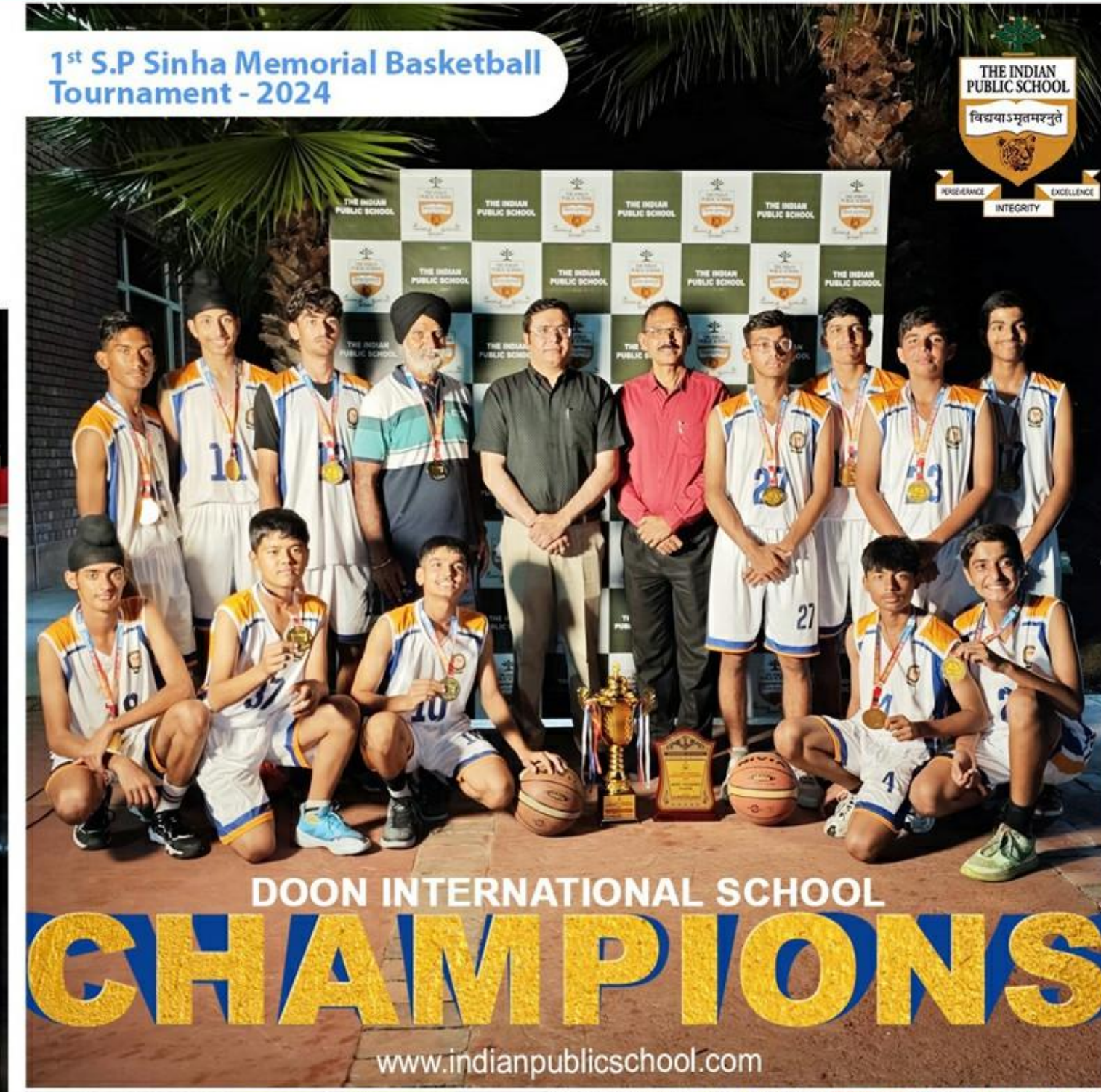
**Sumer Pratap Singh**

The event was graced by special guests, Mr. Ranveer Singh and Mr. Tyagi, who not only witnessed the match but also interacted with the players, offering motivational words that inspired everyone.

The tournament was a resounding success, highlighting the values of teamwork, dedication, and fair play among all the participants.



**Akshit Ranjan**



# Sports

## Inter-House Swimming Competition - 2024

The Department of Sports & Games organized the Inter-House Swimming Competition as per the school calendar. The event was held under the supervision of Prashant Malik, the Swimming Coach. Contestants from the four houses—Aravali, Nilgiri, Shivalik, and Vindhyachal—competed in sub-junior, junior, and senior categories. Girls also participated in their respective categories.

The contestants delivered outstanding performances, and the final standings are as follows:

The Best Swimmer	Sub-junior Category	Aditya Kumar (Class VI), Nilgiri
	junior Category	Parth Gupta (Class IX), Nilgiri
	Senior Category	Yuvraj Yadav (Class XI), Aravali
	Girls' Category	Dhruvika Bhardwaj (Class VII), Nilgiri

The final house standings after the meet were:

1. Nilgiri (1st Place)
2. Vindhyachal (2nd Place)
3. Aravali (3rd Place)



## 6<sup>th</sup> SP Sinha Football Tournament Completed Successfully

We are excited to share that the 6th SP Sinha Football Tournament, hosted at The Indian Public School, has concluded with resounding success!

The final match was a thrilling encounter, where The Army Public School clinched the Championship title, while The Indian Public School proudly took the Runner-Up position.

A big round of applause to all the participating teams for their outstanding performances, unwavering dedication, and exceptional sportsmanship. This tournament truly celebrated the spirit of teamwork, determination, and the love for football!



# Sports

## 9th SelaQui Invitational Soccer Tournament: Final Match Highlights

The much-anticipated final match of the 9th SelaQui Invitational Soccer Tournament took place between two exceptional teams, The Doon School, Dehradun and Indian Public School, Dehradun. Both teams showcased remarkable skill and determination, delivering an exhilarating game that kept the audience on the edge of their seats.

It was a thrilling contest, filled with intense moments of teamwork, strategy, and sportsmanship, making this tournament a celebration of soccer at its finest.



## Morning Yoga Session

At The Indian Public School, Dehradun, we emphasize a balance between academic excellence and holistic development, integrating physical health, mental well-being, and spiritual growth. Our Morning Yoga Session is a key part of this philosophy, helping students manage stress, improve mental clarity, and promote overall wellness.

Each day at 6:10 am, students gather in the peaceful Yoga Hall, guided by Dr. M. C. Samanta, a qualified Yoga Teacher and Naturopath. Through asanas (postures), pranayama (breathing techniques), and dhyana (meditation), they enhance flexibility, concentration, and emotional balance. These sessions not only improve physical fitness but also build mental resilience, preparing students for the challenges ahead.

At The Indian Public School, yoga is more than an exercise; it nurtures the body, mind, and spirit, creating well-rounded individuals ready for success.

**Dr. M. C. Samanta, (Yoga Teacher & Naturopath)**



## Rugby is a Hardy, Gritty Sport



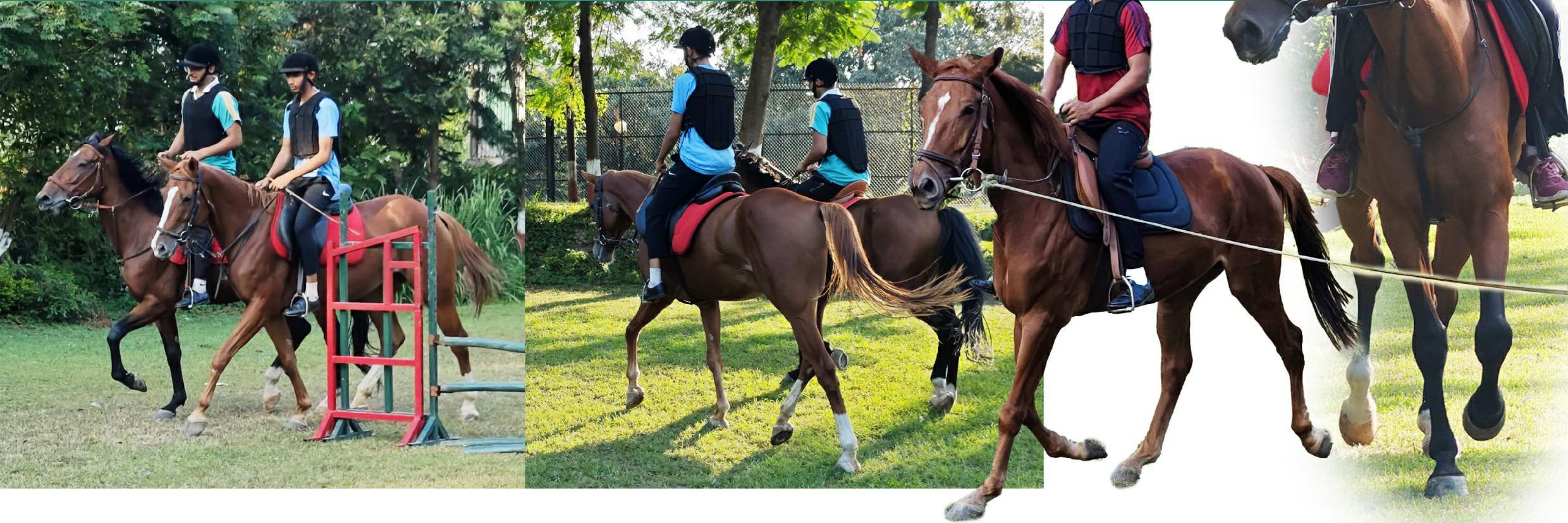
The Public School specializes in Rugby that was introduced in the year 2022 under the guidance of Mr. Pranay Kumar, a celebrated Rugby player and coach who has the distinction of being part of the Haryana state Rugby team who have won the finals seven times in a row, The school team under his training and guidance has made inroads. I was the captain of the school Rugby team in 2023 when we played the finals in Roorkee and won convincingly and lifted the Inter-School Rugby trophy. The school team is well trained and it can act as a formidable force against any opponent. Our training Schedule is regular and rigorous. The sport demands strength, speed, stamina and skill on the part of the students.



# Sports

## Horse Riding Complex Overview

The Indian Public School has a riding complex where students have the opportunity to improve their riding skills. The technique of riding requires a special sense, and only through regular practice can a rider become well-versed. We are happy to share with you that we have a very strong riding team at the school. Their hard work and dedicated effort are indeed praiseworthy.



## Open Gymnasium

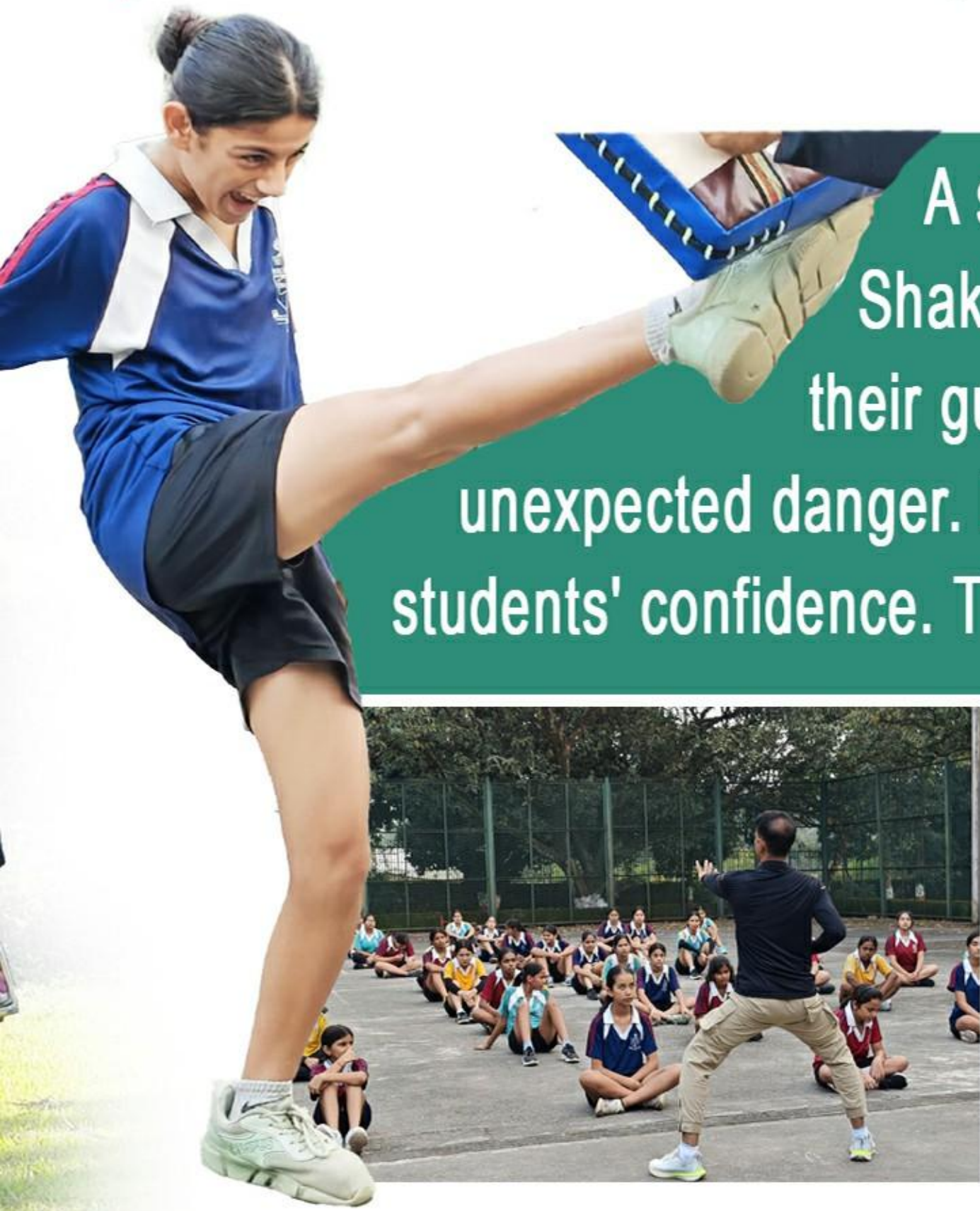
This is a unique addition this session. The open gymnasium allows students to continue with their physical exercises outside the main gymnasium, which is located at the student activity center. The open gymnasium is located opposite S.P. Sinha Hostel.





## FIVE-DAY PRACTICE SESSION

(From 7th to 11th October, 2024)



A self-defense practice session was conducted at the school by Head Constable Shakti Singh, Constable Brijesh Kumar, and Constable Priyanka of the Delhi Police. Under their guidance, students were taught self-defense techniques to help them prepare for any unexpected danger. Learning these special techniques and attending the practice sessions boosted the students' confidence. These sessions will continue under the supervision of Mrs. Kamod Rani.



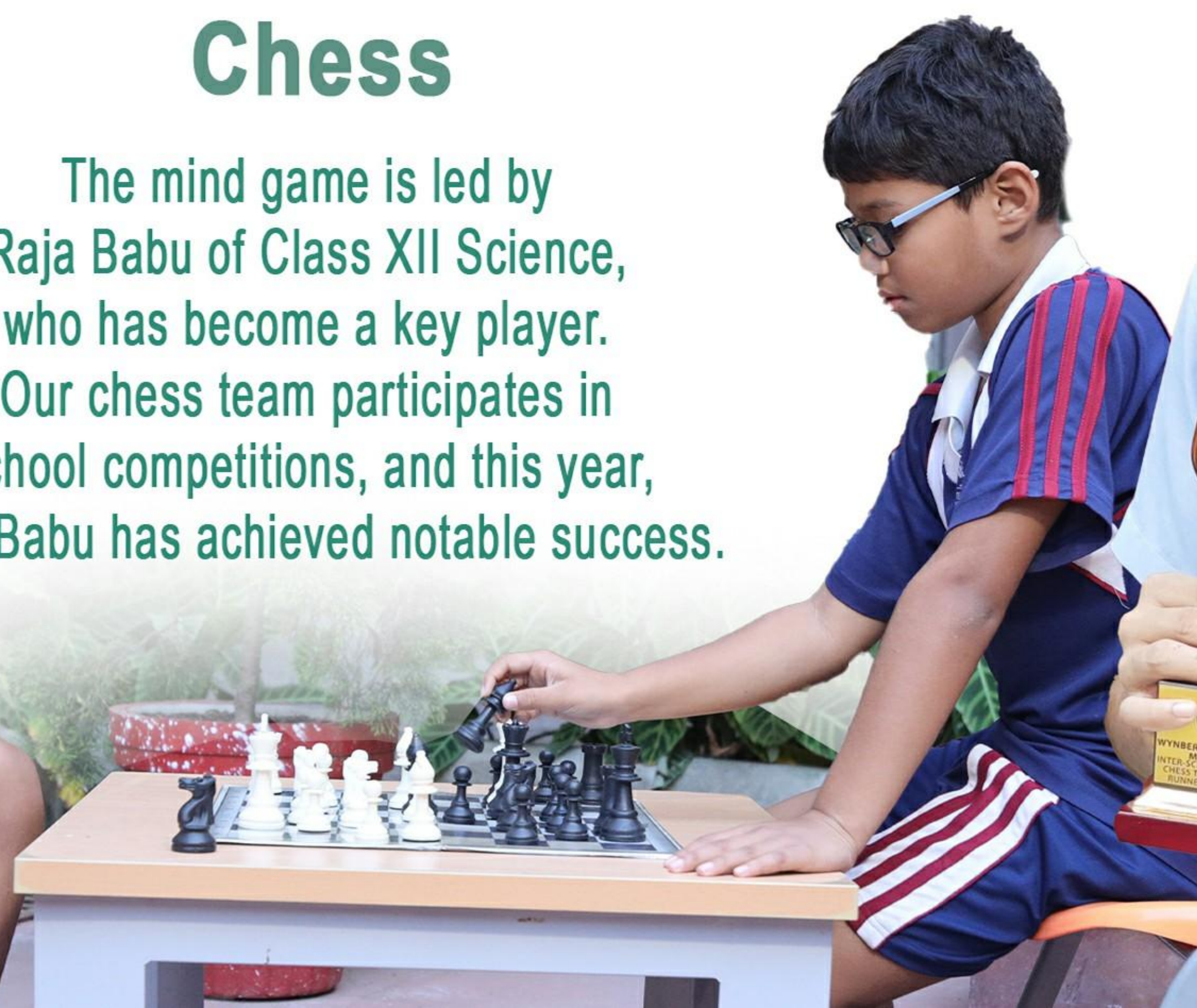
## Volleyball

Volleyball, a power-packed game, keeps students engaged and active during games time. It requires regular practice, and students never miss an opportunity to showcase their smashing skills.



## Chess

The mind game is led by Raja Babu of Class XII Science, who has become a key player. Our chess team participates in school competitions, and this year, Raja Babu has achieved notable success.



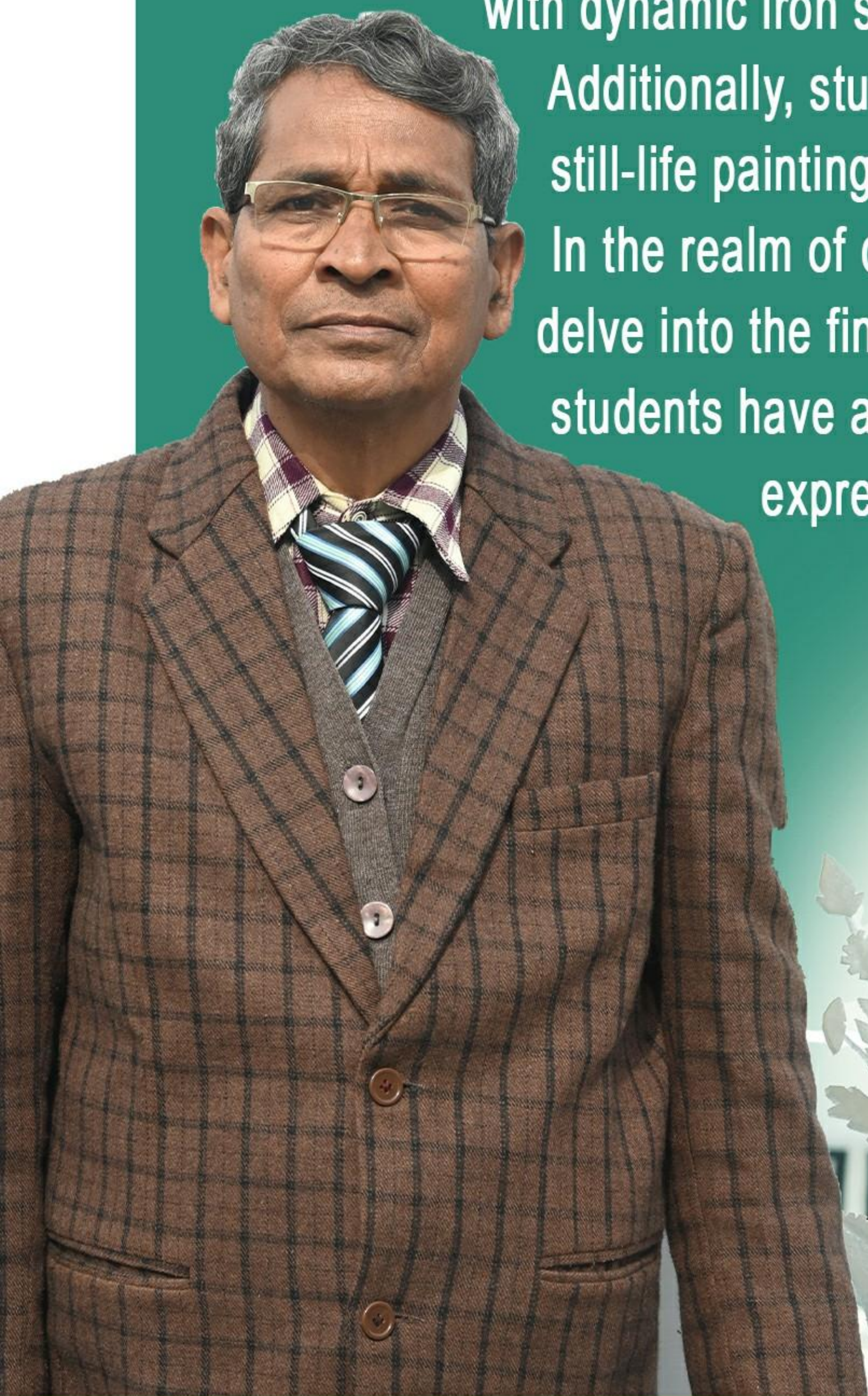
# Art Block

Recently, the Art and Craft Department encouraged students to engage in creative activities by providing them with various opportunities. Students have been involved in a wide range of artistic endeavors, from vibrantly colorful collages to intricate clay modeling, each piece reflecting the talent and imagination of our students. These activities have provided a unique way to combine nature with creativity, resulting in stunning handmade pieces.

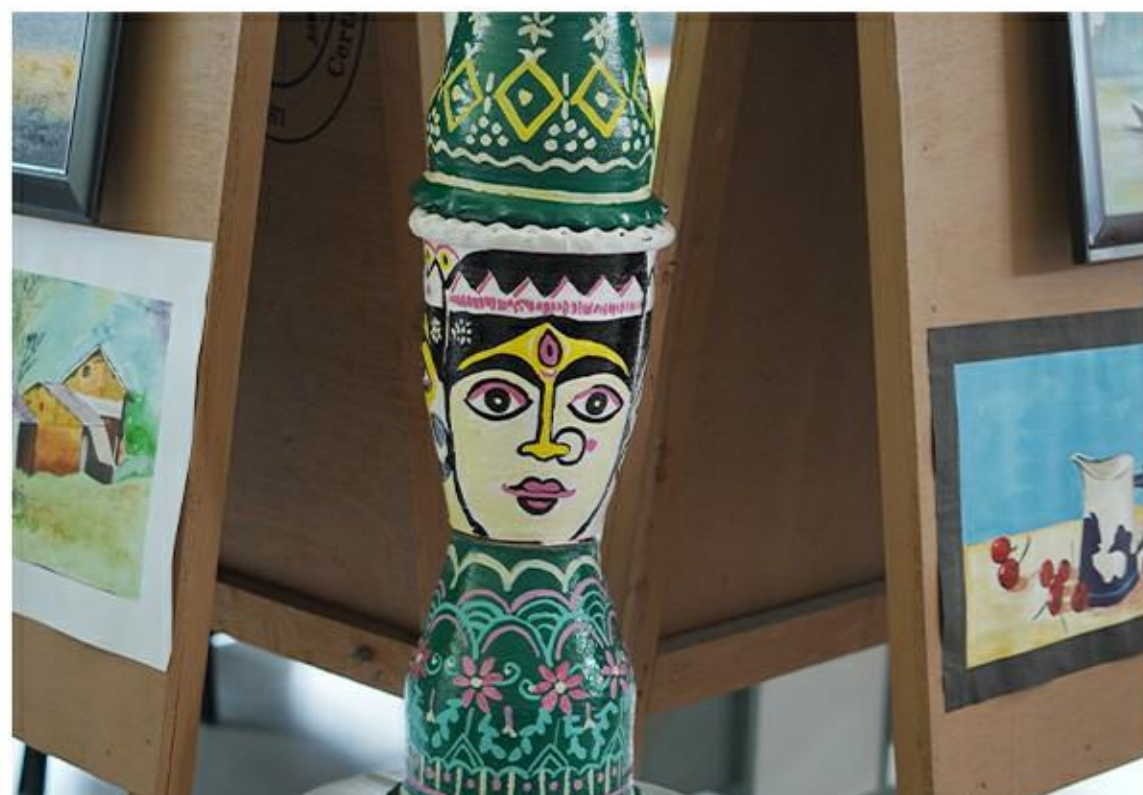
Through these diverse forms of art, our students are not only honing their inherent skills but also expressing their individuality and vision. We are thrilled to witness the growth and flourishing of these artistic talents within our school, under the able supervision of Mrs. Mousami Kabiraj and Mr. A. K. Kabiraj. The art room has become a hub of creativity, with dynamic iron sculptures taking shape, showcasing not only creativity but also technical skill.

Additionally, students have been exploring the beauty of nature and everyday objects through still-life painting and landscapes, bringing colors and compositions to life on canvas.

In the realm of drawing, pen-and-ink portraits have added a touch of classic elegance, as students delve into the fine lines and delicate details that this medium offers. Adding to the diversity of skills, students have also explored artistic craft using wheat stalks, further broadening their creative expression.



Mr. A. K. Kabiraj



# Inspiring Words That Fill Our Empty Spaces

Deeply impressive thoughts, slogans, and captions that adorn our empty spaces and walls are constant reminders of our dreams and aspirations that keep us going. They encourage us to embrace change and overcome obstacles that come in the way of our progress. These thoughts remain a perennial source of strength for us, with an enabling effect that impels us to 'walk the talk.'





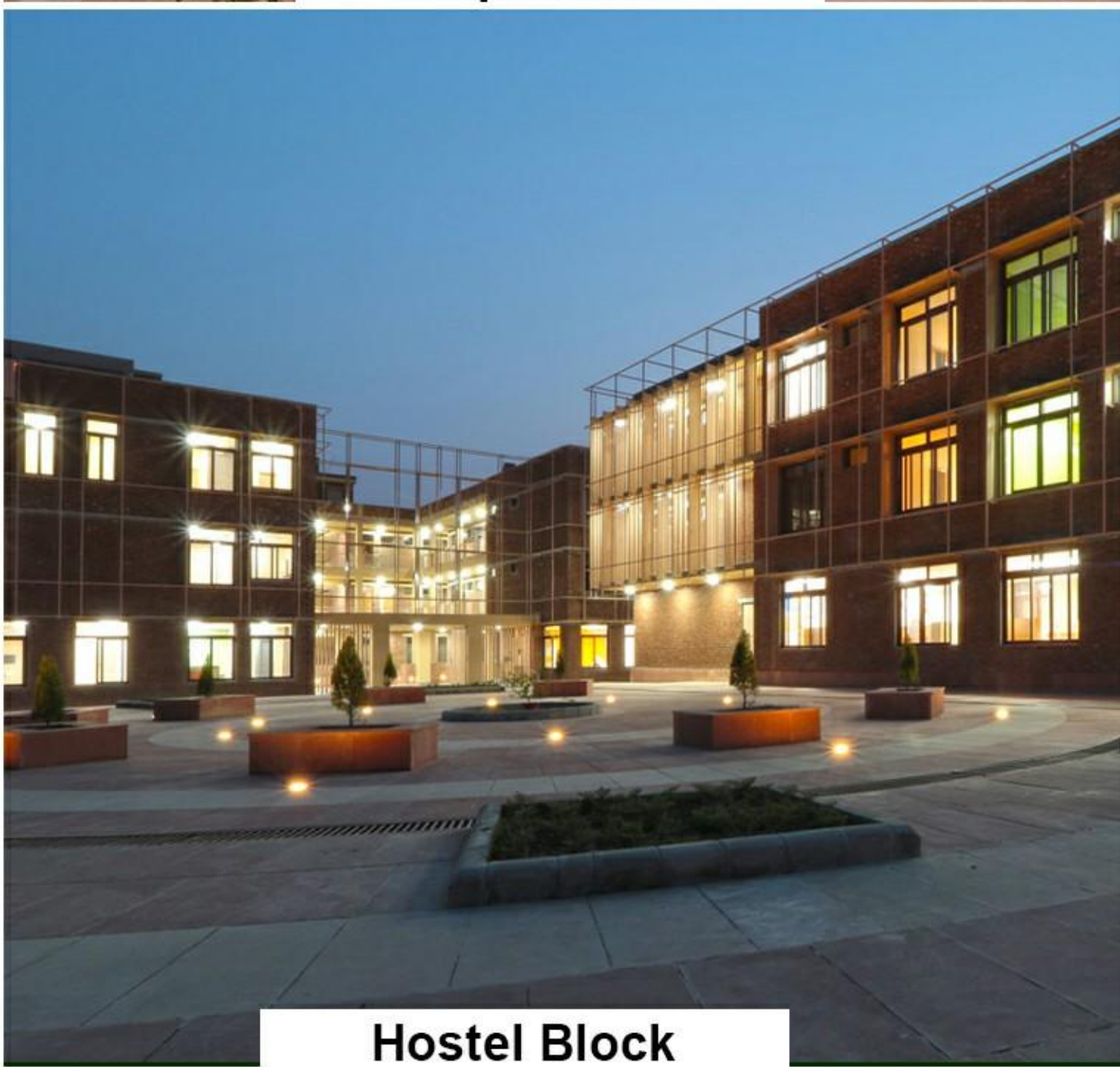
Amphitheatre



Academic Block



Library



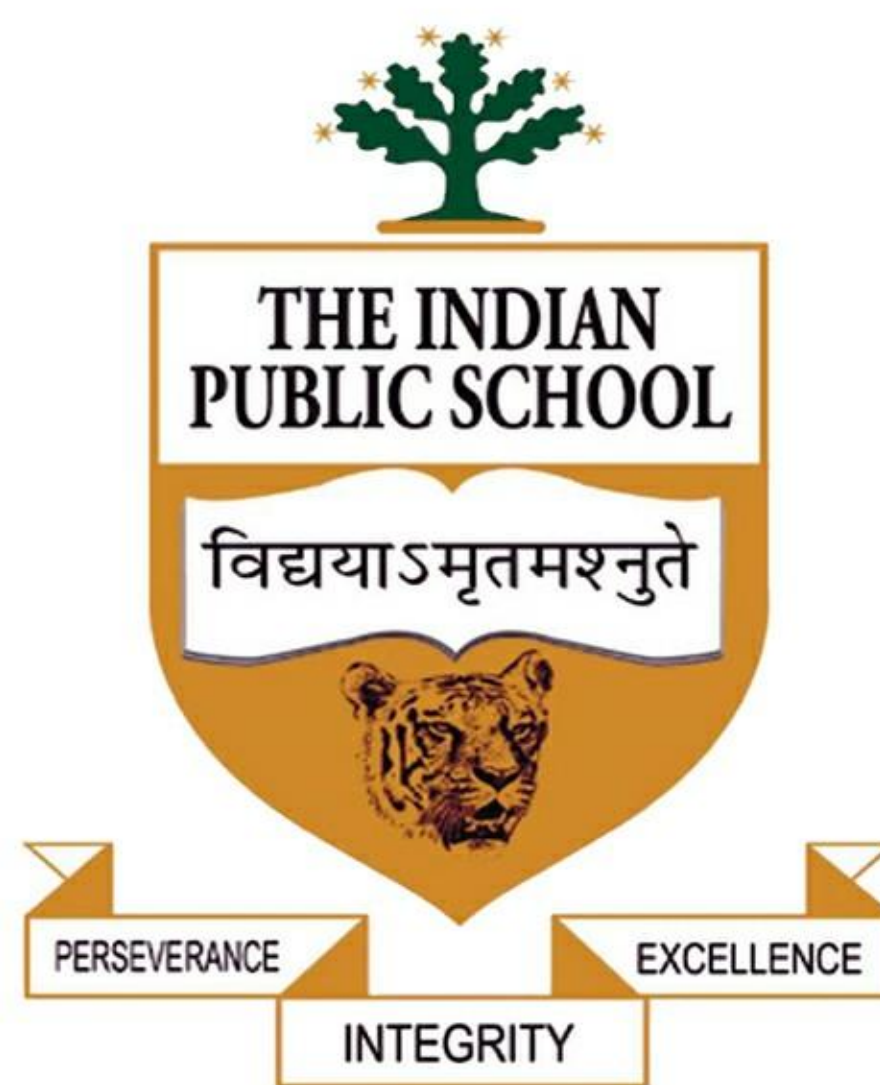
Hostel Block



Dining Hall



Auditorium



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